

Women of Iran: Voices, Hands & Heart 🧡🧡

Friendly Iran- 9- day Iran Tour

Tehran-Shiraz



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Sazandegi Street, in front of alley number 3, Shiraz, Iran

**Day 1: Arrival in Tehran, Welcome to Her Story**

Arrive in Iran's capital, where tradition and modern life come together. After check-in and some rest, we'll walk through a trendy neighborhood full of galleries and cafés. In the evening, we'll have a rooftop welcome dinner hosted by a female chef — a warm and tasty beginning to our journey.

Day 2: Tehran, Everyday Women, Big Impact

Today we focus on daily life from a woman's view. First, we visit a cultural center where young women artists talk about their work. Then, we go to a cozy home for a cooking class and lunch with a friendly host. In the evening, we'll meet with local women — students, mothers, artists — and hear their personal stories in a casual, open circle.

Day 3: Travel to Kashan, The Art in Her Hands

After breakfast, we drive to Kashan, a small historical city. Along the way, we visit a bakery where women bake traditional bread. In Kashan, we explore beautiful old houses and join a block-printing workshop with local female artisans. At night, we rest in a peaceful boutique hotel with dinner in the courtyard.

Day 4: Travel to Isfahan, Beauty & Boldness

We continue to Isfahan, the city of bridges, turquoise domes, and deep history. After arrival, we explore the Armenian quarter where women preserve unique traditions through music and art. In the evening, we visit a female-run art café for dinner and meet some of the city's young designers and musicians.

Day 5: Isfahan, Creativity, Colors & Courage

This morning, we join a painting or pottery class with women artists. Then, we explore the city's grand bazaar with a local woman who knows the old stories behind each alley. In the afternoon, we take a calm walk along the river and visit the famous Khaju Bridge — a favorite spot for women to gather, laugh, and sing softly at sunset.

Day 6: Travel to Yazd, Desert Calm & Wise Women

After breakfast, we travel to Yazd. Upon arrival, we visit a Zoroastrian women's center, then explore the old city with its peaceful mud-brick walls. Dinner is served in a women-owned café where simple Yazdi dishes are full of flavor and love. Under the starry sky, we rest and reflect.

Day 7: Yazd, Handmade Futures

Today, we visit a small co-op where young women recycle materials into useful products. We'll hear how they mix creativity with care for nature. Then, we drive to a nearby village for a traditional sweets workshop. The day ends with music, warm bread, and stories beside a fire, just like old times.

Day 8: Travel to Shiraz, Soft Power & New Beginnings

We arrive in Shiraz, where gardens bloom and creativity flows. After settling in, we meet women running creative start-ups, from handcrafts and natural cosmetics to modern storytelling. You'll see how they build their dreams and share their voice in today's Iran. Evening is yours to rest or explore a cozy Shirazi café.

Day 9: Shiraz, Color, Culture & Connection

Our last day is about reflection and joy. We explore peaceful gardens and visit a women's reading space in the heart of the old city. Then we gather for a meaningful farewell dinner with poetry, music, and shared stories. The trip ends, but the memories and connections stay with you long after.